

Area of Need	Title of Provider	Brief description of the offer
Mental Health	<u>LEICESTER, LEICESTERSHIRE & RUTLAND CHILDREN & YOUNG PEOPLE MENTAL HEALTH SERVICE INFORMATION FOR PROFESSIONALS</u>	This Guide to services is designed to help professionals identify the right pathway to access for different levels of need
Mental Health	<u>YOUNG MINDS fighting for young people's mental health</u>	Easily accessed training, advice and resources for Schools, support for parents and young people provided by this national charity. The Charity campaigns as well for better mental health provision for young people.
Mental and Physical Health	<u>HEALTH FOR TEENS NHS web site</u>	Designed for direct access by young people. The web site encourages access to local services as well as providing advice across a whole range of mental and physical health issues for teenagers
Self Harm	<u>SELF HARM - Royal College of Psychiatrists</u>	Prepared for young people and their parents this information is useful and there are links to other resources.
Mental Health - Trauma	<u>Traumatic Experiences</u>	This is a US based web site - linked to the tv Sesame Street - with a wealth of resources for supporting children who have experienced trauma, especially those in younger age groups
Abuse, Bullying, harassment	<u>Childline</u>	Well known phone line and web site for young people 0800111. the web site has resources, links and activities
SEND	<u>SEND HANDBOOK</u>	Leicestershire Special Needs Assessment Service handbook is in line and contains advice on SEND as well as all the information schools need for setting about the process of formal assessment

Wellbeing and Engagement	LCC Information and Support Directory	A comprehensive list of local groups, agencies, services and charities that offer support to children, young people and their families. A good starting point if working to help build a child's engagement in out of school activities
On Line Safety	Think U Know	Wide range of resources to help support young people, their families and schools with issues about being safe on line
Mental Health	Kooth	An online mental health and well being community for young people that they can use safely and anonymously
SEND Dyslexia, Dyscalcula	Specialist Teaching Service	Leicestershire's specialist service offering support to schools and their pupils
ADHD	ADHD Solutions	A specialist charity operating from Leicester City. Resources, advice, provision for young people etc are part of the offer
Family Support	Centre for Fun and Families	Well known for the "Living with Teenagers" courses they run and train others to run, they have a web site that sets out their offer.
Wellbeing and Engagement	Think for the Future	Offer packages of mentor support that schools can purchase to support vulnerable pupils