



Alternative Provision Listing.

NAME OF ORGANISATION

FNL+B Sports Ed Community Interest Company

PLEASE DESCRIBE YOUR ORGANISATION

FNL+B Sports Ed Community Interest Company, is a new start up. A mentoring and motivational personal lifestyle & associate programme for 11 - 17 -year -olds young people excluded from mainstream education and 18 - to 24 -year -olds in the Criminal Justice System (CJS) on a Community Order (CO), or SSO (Suspended Sentence Order), aimed at minorities ethnics.

AGE RANGE OF PROVISION

11yrs - 17yrs & 18yrs - 24yrs (10 yrs. – 14 yrs.)

PLEASE TELL US ABOUT COSTS PER STUDENT

Between £65 - £95 per head per day, between 8 - 12 learners

PLEASE DESCRIBE YOUR OFFER.

We offer a pre-exclusion support & mentoring short-term ('respite') for school and colleges. This its hoped will prevent early, or further sanctions, leading to re-integration to succeed. Providing a halfway house between full Alternative Provision and permanent exclusion.

“Supporting behaviours and meeting needs to avoid exclusion”.

The programme format is that of being a Football Manager, entitled 'Managing in Grassroots Football', but the underlying exploration is that of the YPs ability in "Managing Yourself and Your Lifestyle Choices". This will be undertaken by group activities known on the programme as 'Team Briefings', coupled with Coaching and PT Trainer practical sessions where we teach the YP how to lead/deliver sessions. The Programme modules are detailed as below; - □ Being A Football

Manager (“Managing Yourself & Your Lifestyle Choices”) □ Tactics and Formations (“How You Choose to Live”) □ Match Day (Scenarios) (“Your Everyday Choices”) □ Running a Training Session (Learning & Improving) □ Getting Your Points Across (“Shout! Bully! Or persuade! /Accept!) □ Dealing with Injuries (“Setbacks & Mistakes”) □ Advising Players (“Role Models” – “What would you tell Your Inner self?”) □ Running The Team (“Your Philosophy”, “Your Goals”, “Your Vision”) □ Getting Qualified (“Learning from Others”, “People You Trust, or Respect”) □ Practical Training Session (Games and Activities) The steps at present have been to develop our business ethos, rules, and behaviours. The programme is intended to be delivered over a 6-to-8-week period, each financial quarter, to between 6-8 participants and annual minimum number of 32 participants. To those excluded in/from schools/colleges, or on licence as part of the CJS (Criminal Justice System). Logistics for the programme will be the timings of: 09:30am – 10am Breakfast Meeting (this will allow the opportunity for the provision of a nutritionist to all participants. This will then allow a 10am start, for a 3pm finish an approximately 5hr day with breaks. Both practical & training

sessions (outside), along with team briefings sessions (inside) need to be prepared, and a risk assessed. As part of the next steps has been to engage and identify eligible cohorts with schools/colleges and Local Authority deprived areas. There will be a period at the end of the programme to gain participant feedback and the monitoring of outcomes. Each participant will be inducted via 1-2-1 person-centred approach and a further 1-2-1 with at the end. The Coaches will explore the young person’s personal journey: - • strengths • life skills • support networks • triggers and risk factors • personal needs. Outcomes will include help with CVs, networking, clubs, access to further learning. The aim is to deliver from a neutral and conducive venue with access to classroom, sports pitches and gym and indoor facilities when necessary. Personal workbooks, kits appropriate for sports activity and class environment, balls bibs, cones, staff, and participants uniform (Sportswear), projector, advertising/publicity material, flyers, business cards advertising Banner, sports facilities (pitch, goals) Classroom (tables chairs, etc)

PLEASE DESCRIBE ANY OFFER THAT YOU MAKE FOR ENGLISH AND MATHS

Benefits to participants the activities will benefit both the individual and the community by the following: A) Young People (YP) locally (within deprived local authority wards) will benefit from a service provider like ‘FNL+B Sports Ed’ in a sporting environment as part of a strategy relating to both YPs in the education system, and those within the CJS (Criminal Justice System). Rehabilitative planning & support, with an emphasis on equality & diversity to increase YPs &

BAME to the potential benefits of a 'rehabilitative supportive culture'. The strategies specifically consider how to (in a sporting environment): - • increase understanding of self-worth, distinctive experiences, including the way that YP/ethnic minorities may influence access to and engagement with rehabilitative work • improve/help support of institutions (e.g., Schools, Prisons, Probation services, etc.) with a focus on sentence planning and rehabilitation work focused in a sporting environment • increase BAME and YPs easy to access to support by engagement with MPDC (Motivational Personal Development Coaches), and were helpful family supportive. Building on the concept of a meaningful rehabilitative culture. B) Practical sessions will be delivered in coaching in Football by FACA licensed UEFA B Coach, Teacher Trainer in Personal Trainer (PT), Nutrition & Fitness. Key Stage Teacher and experienced schools' exclusion & challenged behaviours assistance Teacher. FNL+B Sports Ed will deliver over a six-to-eight-week period lifestyle motivational personal development modules entitled "A Guide to Managing in Grassroots Football" (AKA Managing Yourself & Your Lifestyle Choices), including Key stage learning (English & Math's) delivered in fun and inclusive format, and a period of ETE (Employment, Training Education) advice/support. The Lifestyle skills that will be explored within the modules. Delivered in a 'change' environment from that YPs would normally find themselves in (i.e., classroom).

WHO SHOULD WE CONTACT,

Frank BENJAMIN (Benji), FNL+B Sports Ed CIC,

ADDRESS AND POST CODE

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EMAIL AND PHONE NUMBER(S) AND WEB SITE ADDRESS. (PLEASE NOTE WE WILL LINK OUR SITE TO YOUR WEB SITE IF YOU GIVE US THIS INFORMATION)

Email: fnlbsportsed@outlook.com Web: www.fnlbsportsed.com Mob: 07770 466 446

ADD ANY FURTHER COMMENTS

Young People (YP) locally (within deprived local authority wards) will benefit from a service provider like 'FNL+B Sports Ed' in a sporting environment as part of a strategy relating to both YP's in the education system, and those within the CJS (Criminal Justice System). Rehabilitative planning & support, with an emphasis on equality & diversity to increase YPs & BAME to the potential benefits of a 'rehabilitative supportive culture'. The strategies specifically consider how to (in a sporting environment): - • increase understanding of self-worth, distinctive experiences, including the way that YP/ethnic minorities may influence access to and engagement with rehabilitative work • improve/help support of institutions (e.g., Schools, Prisons, Probation services, etc.) with a focus on sentence planning and rehabilitation work focused in a sporting environment • increase

BAME and YPs easy to access to support by engagement with MPDC (Motivational Personal Development Coaches) and were helpful family supportive. Building on the concept of a meaningful rehabilitative culture. How will the project be measured? □ Team Members End of Programme Re-actionnaire □ Commissioning Body feedback/MI/data □ Two weeks/continued Review/Follow-up period (three months continued engagement & monitoring of outcomes) □ Teachers/Guardian/Carers feedback against desired outcomes Questionnaire feedback □ Probation Schools/College, information / advice Service Outcomes; -

1. Help sustain engagement in pro-social leisure interests and purposeful activities
2. Decrease reliance on negative peer relationships or networks, organised crime groups, extremism groups
3. Are engaged in their community and able to make a positive contribution
4. Building the YP's resistance to peer influence
5. Developing the YPs self-sufficiency and independence
6. Increasing the YPs ability to focus on future plans and goals.
7. BAME YPs are able to live safe and offence-free lives as a result of receiving strength-based and culturally responsive services delivered in an environment which recognises their particular needs.

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